



Intimate Care Policy

Date: September 2026

Ratified By: Chair of Governors

Next Review: September 2028



Aldermoor Farm school is committed to safeguarding all pupils and promoting the welfare of the staff, children and young people in its care. Meeting a pupil's intimate care needs is one aspect of safeguarding. The Governing Body recognises its duties and responsibilities in relation to the Disability Discrimination Act, which requires that any child with an impairment that affects his/her ability to carry out day-to-day activities must not be discriminated against.

Intimate care can be defined as care tasks of an intimate nature, associated with bodily functions, body products and personal hygiene which demand direct or indirect contact with or exposure of the genitals. Examples include care associated with continence management as well as more ordinary tasks such as help with washing or bathing.

This intimate care policy should be read in conjunction with the following

- Child Protection policy
- Health and Safety policy and procedures
- Policy for the administration of medicines
- Moving and handling policy
- School's SEND information report
- School's behaviour policy
- Whistleblowing Policy

Aldermoor Farm School is committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times. Aldermoor Farm School recognises that there is a need to treat all children, whatever their age, gender, disability, religion or ethnicity, with respect when intimate care is given. The child's welfare and dignity is of paramount importance. No child should be attended to in a way that causes distress or pain. Staff will work in close partnership with parents/carers to share information and provide continuity of care.

OUR APPROACH TO BEST PRACTICE

All children who require intimate care are treated respectfully at all times; the child's welfare and dignity are of paramount importance. Staff who provide intimate care are trained to do so and are fully aware of best practice. Apparatus will be provided to assist with children who need special arrangements following assessment from a physiotherapist/occupational therapist as required, e.g. hoist equipment. Staff will be supported to adapt their practice in relation to the needs of individual children considering developmental changes. There is careful communication with each child who needs help with intimate care in line with their preferred means of communication (total communication approaches to include e.g. verbal, symbol, on body signing etc.) to discuss the child's needs and preferences. Where possible the child is aware of each procedure that is carried out and the reasons for it.

As a basic principle, children will be supported to achieve the highest level of autonomy that is possible given their age and abilities. Staff will encourage each child to do as much for themselves as they can. This may mean, for example, giving the child responsibility for wiping/washing themselves.

Each child's right to privacy will be respected. Careful consideration will be given to each child's situation to determine how many carers might need to be present when a child needs help with

intimate care. If more than one adult is required, this should be clearly documented in a manual handling plan. Students and volunteers will not support children with intimate care needs. Staff will always wear protective gloves and aprons during intimate care routines, and disinfect changing areas after use.

THE PROTECTION OF CHILDREN and STAFF

Aldermoor Farm School Child Protection Procedures and safeguarding procedures are accessible to staff and adhered to. Two members of staff to be present to protect children and staff, when needed. Where appropriate, all children will be taught personal safety skills carefully matched to their level of development and understanding. If a member of staff has any concerns about physical changes in a child's presentation, s/he will immediately report concerns to the DSL. If a child makes an allegation against a member of staff, this must be reported immediately to the Headteacher.

Aldermoor Farm Primary School.

Intimate Care Agreement.

In order to best meet the needs of your children when they are with us we would like to set up an individual agreement between parents and the school with regard to intimate care.

Intimate care is any care which involves washing, touching or carrying out an invasive procedure which are children are unable to do for themselves arising from the child's stage of development.

Intimate care may involve helping with drinking, eating, dressing, toileting, or comforting. In most cases at school intimate care will involve procedures to do with personal hygiene.

Staff at Aldermoor Farm Primary School providing intimate care are aware of the need to adhere to good Child Protection practice in order to minimise the risks for both the children and themselves. All school staff are supported and trained so that they feel confident in their practice.

Name of child

- I give permission to Aldermoor Farm Primary School to provide appropriate intimate care to my child.
- I understand that this will generally be carried out by staff from my child's class but may also be carried out by another member of staff.
- I have discussed with my child's class teacher the approach that I would like them to take for this the details are outlined above.

Signed Date.

.....
.... Parent/Carer

Signed Date.

.....
Class teacher

APPENDIX 2

Dear Parents/Carers,

Children who wear nappies will need a pack of nappies, wipes, nappy sacks and nappy rash cream if necessary, to be sent into school.

Children who are toilet training will require nappies/trainer pants/knickers or pull ups, depending on which training system is being used. (This will have been decided between yourself and your child's class teacher) Nappy sacks and wipes. They will also require several pairs of pants/knickers trousers/skirts and socks and at least two t-shirts and jumpers. Please ensure all clothing is named.

We have a limited amount of spare clothing to change children into if they require clean clothing. If your child gets sent home in school clothing please can this be washed and sent back as soon as possible.

..... is running short of;

Nappies	Nappy sacks	Baby wipes	Cream Pullups
Knickers/pants	Socks	Trousers/Skirts.	T-shirts

Jumpers. (Circle which item/items are running short)

Please can these be sent into school as soon as possible?

Thank you.

