



Supporting children, young people &amp; families

**Coventry Family Health & Lifestyle Services**  
**School Nursing**  
**Family Health Division**  
Moat House Leisure & Neighbourhood Centre  
Winston Avenue  
Coventry  
CV2 1EA

Telephone: 01926 495321 extension 7494

Text Parent Line: 07507329114

Email: [swg-tr.contactschoolnursescoventry@nhs.net](mailto:swg-tr.contactschoolnursescoventry@nhs.net)

Dear Parent / Carer,

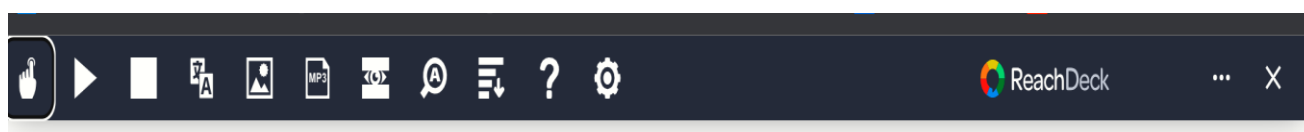
Welcome to the School Nursing Service. As your child starts school in September, their care will transfer from the Health Visiting Service to the School Nursing Team.

To support your child's transition, we ask all parents/carers to complete a short online health questionnaire (available in 90+ languages). This provides you with the opportunity to request support and to help us identify any health needs your child may have. All information is confidential, though relevant details (e.g. medical conditions) may be shared with school staff on a need-to-know basis. Please note we are not based within the school.

<https://forms.chathealth.nhs.uk/index.php/739833?lang=en> or use  
the QR code

**To access the questionnaire in a different language**

On the front page, click on the volume button shown on the right-hand side. This will open the toolbar at the top of the page. Click on the "A" icon in the toolbar and select your preferred language.



After completion, you will receive a personalised health plan. You can also request contact from a School Nurse within the questionnaire. If you experience any problems accessing the link, please contact the School Nursing Team.

Coventry School Nursing Team provides a 9 am to 5 pm parent text service 07507329114. Alternatively, you can call us on 01926 495321 extension 7494. Or email us via [swg-tr.contactschoolnursescoventry@nhs.net](mailto:swg-tr.contactschoolnursescoventry@nhs.net). Our team is available at any stage of your child's school journey.

## **Supporting your child to be school-ready**

It is helpful to encourage your child to become more independent in preparation for starting school. You can practise these skills together over the holidays, for example:

Encourage independence with:

- Dressing (coat, shoes)
- Using cutlery and an open cup
- Toileting independently

Reception year services (School Nurse Offer)

- National Child Measurement Programme
- Hearing screening (see attached information)
- School Nurse newsletters with health advice

Please ensure your child accesses:

- Dentists and Opticians: Free for children (find one via NHS 111 or nhs.uk)
- Immunisations: Check with your GP/practice nurse
- Free school meals: Available for Reception–Year 2

Supporting your child to develop these skills will help them feel more confident and ready for school. We have developed some useful videos to help you with a range of frequently requested:

### **Toileting Advice:**



### **Sleeping tips:**



### **Behaviour Challenges:**



### **Understanding Anxiety:**



### **Challenges in Eating:**

